



## Activities Unlimited General Meeting

February 14, 2017  
1:00 PM at the WRC  
Heneveld Hall

Jim DeLuccia will be our **February** guest speaker. He is a WWII veteran and flew 32 B-17 bombing sorties over Germany. He will share his war time experiences with us.

For our **March** meeting we have invited Pat Schuber to share some Irish history with us. In particular, he will discuss the 1916 Easter Rising, examining the significance of this famous rebellion against English rule. A former Bergen County Executive, New Jersey Assemblyman, and Bogota mayor, Schuber is an assistant professor at Fairleigh Dickinson University.

For our **April** meeting we have invited our own **Joe Lamela**, Chairman of the Gardening Club, to be our speaker. Joe will give us the information we need to prepare our gardens, flower beds, and lawns for the upcoming growing season. In 1997, Joe was named Bergen County's "Master Gardener of the Year." He has been a Master Gardener for over 25 years, a member of AU since 1998, and the longest-serving Club Chairman, heading our Garden Club for 19 years!!

## Note from the President

I hope everyone is enjoying a strong, healthy and "active" start to 2017. We have several initiatives now underway. We are updating the AU website to enable interested men to download and complete an application which can then be mailed to the Membership Chairman. (Those without the internet or a printer will still be able to call **Walter Widmer** and follow the current procedure.)

The Executive Board is also updating AU's founding documents (Constitution; By-laws; Policies & Procedures) to reflect current practices. These will be presented to the membership in the next 2-3 months for approval.

Finally, as a broad goal, I hope we can get more members actively involved, especially in volunteering for committees, for example, like Tours and Trips. Too few members now carry the burden of making AU the great organization it is. And as well, many members do not participate in any AU activity. If we know anyone like this, we should reach out to them and encourage involvement. Together, we'll make AU even greater.

## NOTES TO MEMBERS

### Drivers Wanted

.ITNNorthJersey is a non-profit transportation service that enables non-drivers to get to medical appointments, jobs, the hairdresser, errands etc. in Bergen County with the help of trained Volunteer Drivers. ITN has found a strong need for such a service as demonstrated by its success: in 2016, the first full year of operation, ITNNorthJersey provided 7,020 rides. The organization currently has a waiting list for rides in some towns as it [needsdriversf more](#) drivers throughout the county. We ask for a minimum of only one ride per month that the driver chooses after viewing the available rides on a weekly basis. This can be a rewarding experience and the opportunity to meet and help nice people. Log onto [www.iTNNorthJersey.org](http://www.iTNNorthJersey.org) or call 201-398-6885 to sign up or receive more information.

### Wyckoff Reform Church and parking lot closing dates:

There will be no parking, no loading of tour bus, etc. in the parking lot on: Wednesday and Thursday, April 26 & 27, 2017.

As always, all club chairmen are reminded that if you have any activity in the church including parking in the church lot and/or loading a tour bus to please check with Sue (and the church calendar) for any conflicts *before* arrangements are made.

General membership meetings are normally held the 2nd Tuesday of the month at Heneveld Hall adjacent to the Wyckoff Reformed Church, Wyckoff, NJ.

# ACTIVITIES UNLIMITED

## GENERAL MEMBERSHIP INFORMATION



### 2017 OFFICERS



**Tom Butler**  
President  
201-934-8161

**Jim Webb**  
1st Vice President  
201-337-7982

**Joe Pullaro**  
2nd Vice President  
201-337-0018

**Howard Vogel**  
Secretary  
201-612-2237

**Mark Cohen**  
Treasurer  
201-337-4198

**Doug Cooper**  
Asst. Treas.  
908-907-1112

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
AU Guys	John DeSantis	201-447-0256	
Book Club	Vince Tortorelli Joe Clinton	201-447-3718 201-447-2261	4th Wed. 9:30
Dup. Bridge	ED Foldessy	201-327-5767	Wed 1 pm Larkin House
Rub. Bridge	Wes Cheringal	201-848-8009	M,F 1:00 pm Franklin Lakes Ambulance Building
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev Andy Kadzban	201-485-8589	
Chess	Bill Schultz	973-525-0979	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 973-248-6625	1st Wed.10:00
Golf	Bruno Bissetta Bill Bryne	201-891-7567 201-447-5064	Tuesday Thursday
Hiking	Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00
Historian	Dom Manobianco Victor Pizzolato	201-891-7185 201-612-0038	
History	Pablo Catangay	201-684-1217	4th Monday 1:00 pm
Investment	Al Connelly	973-616-0755	Thru after the AU General Meeting 9:30
Luncheon	John Abrahamsen	201-848-8037	

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri Dick Hensch	201-847-1981 201-891-1309	
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photography	Murry Perl Sam Ohan	201-261-7276 201-825-0437	1st Tuesday 10:00 am
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd Wednesday 9:30 am
Refreshments	Jim Forbes Howard Vogel	201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tuesday 10.00 am
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Don Kirkpatrick John Abrahamsen	201-337-5666 201-848-8037	2nd Tues. 9:00 am 4th Tues. 9:00 am
Tennis	Dom Manobianco Dave Burleigh	201-891-7185 201-485-8923	M,W,F
Transport.	Frank Nusspickel	201-891-9099	
Trips/Tours	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	The AU General Meeting 10:30 am
Web-Master	Don Kirkpatrick	201-337-5666	

At the January general meeting \$142.00 was collected for the Wyckoff Reform Church Food Pantry.

Please remember that WRC is a smoke-free environment. This includes E-Cigarettes.

The deadline for March, 2017 Newsletter articles is 5 PM February 25, 2016. When submitting articles please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com or mail to: Lou Guarneri, 128 MacLeish Court, Mahwah, NJ 07430

## Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Patrick Begley (Linda)	4 Choper Lane Waldwick, NJ 07463	Financial	Computers, Investments, Trips & Tours, Stock Market	Phone H: 201-825-1639 Phone C: 201-669-7273 Email: beggs855@yahoo.com
James Cancelosi (Maria)	148 Island Road Mahwah, NJ 07430	Engineering	Computers, Golf, Discussion Group, Investments, Photography	Phone H: 201-529-4328 Email: jvcancelosi@aol.com
Andre Codispoti (Miranda)	838 Ridgeview Way Franklin Lakes, NJ 07417	Physician	Discussion Group, History Club, Book Club	Phone H: 201-891-7553 Phone C: 201-248-2258 Email: ajcmd@verizon.net
Robert Desjardins (Karin0)	336 Schuyler Road Allendale, NJ 07401	Clinical Re- search	Luncheon, Computers, Discussion Group, Sci- ence, History Club,	Phone H: 201-934-7695 Phone C: 201-983-7869 Email: redesjardins@optonline.net
Jim Kranz (Kathy)	588 Grandview Terrace Franklin Lakes, NJ 07417	Banker	Hiking Short, Hiking Long, Discussion Group, Stock club, Investments,	Phone H: 201-891-7762 Phone C: 201-312-0560 Email: jckkbk@aol.com
Peter Macaluso (MaryAnn)	25 Wearimus Road HoHoKus, NJ 07423	College Profes- sor	Computers, History Club, Trips & Tours, Photography	Phone H: 201-445-4635 Phone C: 201-566-8983 Email: macalusop@mail.montclair.edu



## Public Discussion Group

The Group enjoyed its first meeting of the year on Wednesday, January 12<sup>th</sup> at Larkin House and began with a brief discussion of one of the agreed topics, "Political Correctness;" Because we had an invited guest, we shortened the discussion to hear him. He was a former Bergen County Freeholder. He was invited because at an earlier meeting on the "Freeholder" topic, the Discussion Group realized it knew little about this office. Our guest spoke at length about the Freeholder function and his personal experience. 17 Freeholders represent the county and the title itself goes back to the Colonial era when a group of land owners ("freeholders) served both as a check on the executive and also to identify local issues, eg. the condition of roads and bridges, tax levies, etc. This continues to be the main function of the Freeholders. Although a pt-time position, the activities and interaction with constituents require full-time attention. Local towns submit budgets to the Freeholders for approval. The Freeholder also serves as a general-purpose ombudsman, taking up individual issues and problems that cannot be resolved at the local town level. Although a guest speaker is an unusual event for the Group, we all came away with a better knowledge of what a Freeholder does.

A fuller description of the meeting appears on the AU website.

Our next meeting will be on **Wednesday, February 15<sup>th</sup>** at 9:30 at Larkin House. The topics will be: "Political Correctness;" "National Debt;" and "Self-driving Cars." Everyone, but especially new AU members, are welcome to join us.



## Duplicate Bridge Results

		1st	2nd	3rd
1/4	NS	Smith/Sweetgall	Anand/Meloro, Kampschmidt	Douma/Gattoni
EW		Hulit/Yampell	Cough/Freimuth	Mahmarian/Warner Peck/Wiest
1/11	NS	Anand/Wiest	Peck/Smith	Kampschmidt/Page
EW		Lewis/Meloro	Altamuro/ Freimuth	MacDougall/Warner
1/18	NS	Foldessy/Sweetgall	Douma/Meloro	Gattoni, Wiest, Kampschmidt
EW		Bartlet/Freimuth	Hulit/Warner	Altamuro/McDougall
1/25	NS	Martin/Riccardi	Altamuro/Smith	Levin, Page, Coughlin
EW		Meloro/Peck	Freimuth/Wiest	MacDougall/Milcos

## Obituaries

**Delores Barker**, wife of Activities Unlimited member **Bob Barker** passed away on Saturday January 4, 2017.

**Marilyn Ewell**, wife of Activities Unlimited member **Dick Ewell** passed away on Tuesday January 11, 2017.

## TD BANK

If you have a TD Bank account, please do the following: Stop in the bank, & tell them that you would like your account tied to their Affinity Program with the Wyckoff Reform Church. This would be a big help to our AU Club



## Investment Study Group

The Investment Study Group completed a cycle of three Fixed Income talks.

In November Dr. Lieberman of Advisors Capital Management saw the economy & markets as being in good shape. He suggest midstream O&G MLPs & BDCs as good fixed income investments. He cautioned against new preferred stock issues with terms that put the buyer at a long term disadvantage.

In December Messrs. Reichert & Lotito of the RLA Group at Morgan Stanley Wealth Management spoke at our meeting. They saw fixed income opportunities in qualified preferred, non-leveraged closed end bond funds selling at a discount. Since Morgan Stanley is a major bond underwriter, clients can buy new issue bonds underwritten by Morgan Stanley at par.

In January Messrs. Germaine & Wyman from Beacon Wealth Management recommended closed end bond funds selling below par. Since the so calling housing Great Recession bond ratings from bond ratings agencies are suspect. It is better to dig into the financial ratios on your own. Look at earnings, sales, cash flow, & balance sheet. Trading bonds in increments less than \$100,000 is expensive; mutual funds, ETFs, bond & convertible preferred closed end funds are better. Also individual bonds are not very liquid.



## The Photography Club

Photography Club meetings take place on the first Tuesday of each month. January's meeting began with a presentation on the exposure triangle introducing novice photographers to camera settings. Members were then shown how to use the custom settings on the mode dial to quickly prepare the camera for a variety of photographic subjects.

Club Co-Chairman **Sam Ohan** illustrated how to use panning to impart a sense of motion in an image. Veteran photographer **Barry Glick** gave club members insights and tips for taking photos at family gatherings and events using the photographs he took at the AU Christmas Party as examples.

A monthly clinic provided solutions to photographic problems submitted by club members and a member gallery displayed member photos for sharing travel experiences and other photo opportunities.

## The Science Club



Science

The next S/C Meeting is at 10 AM, Tuesday, February 21.  
Harry Bennett will return to continue his talks on Packaging.

This presentation will cover:

Paper--Folding cartons and labels and

Metal forming, cans and metal parts.

On March 21--Dr. Cauchard will return to update us on Conditions of the Eye.

His previous visits have been most informational--Note: the specific time will be indicated later based upon his schedule.

April 18: Cyber+, Zero Day (TV Documentary)

We will discuss the Cyberwarfare book 'Zero Day'. It is about the Stuxnet virus which was used to delay the Iranian Nuclear program by damaging the centrifuges.

Thanks again to those who made presentations this year as well as those who attended our meetings. Any suggestions to improve our group are always welcome.

**Jack Yurasek** (201-337-4433) Email--[JYURASEK@AOL.COM](mailto:JYURASEK@AOL.COM)



## The Book Club

At the January 25 Book Club meeting 3 books were reviewed and discussed:

*The Killer Angels* by Michael Shaara was reviewed by John O'Brien. This historical novel covers the battle of Gettysburg and the events immediately before and during the battle through the eyes of the Confederate Generals Lee, Longstreet and Armistead and Union General Buford and Col. Chamberlain. It brings to life these commanders as more than names in a history book and gives the author's perspective on their personalities and thinking during the conflict. Very readable, with maps to help you follow the action.

*The Greater Journey – Americans in Paris* by David McCullough, summarized by Tom Butler, is about the travels made during the years 1830 to 1900 by American artists, writers, physicians, and politicians who went to Paris not as tourists but to study and enhance their skills because during this period Paris was considered the center of art and medicine. James Fennimore Cooper, Samuel B. Morse, Oliver Wendell Holmes, the sculptor August St.Gaudens and William Sanger Sargent are some whose experiences are documented.

*The Ghosts of Belfast*, a novel by Stuart Neville covered by Jim Savage, centers on a former IRA hit man, Gerry Fegan who having been released after 12 years in prison is haunted by his victims and seeks redemption by assassinating those who gave him those orders. Although the IRA has made peace with England the story shows the resentments still percolating years after "the troubles".



# New York Botanical Garden Trip





## Trips, Tours & Special Events Calendar

**Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.  
Sign up sheets are nice, but money talks. Get your check in ASAP, don't wait 'til it's too late.**

**MONDAY, March 13, 2017 – “SEAMUS O’MACARONI” – The Brownstone, 351 Broadway, Paterson, NJ – 11:30am-3:30pm.** What happens when two great cultures collide? Well, you’ll find out when the Irish and Italian come together to celebrate St. Patty’s Day. Ace In The Hole Players and their band along with a bagpiper headline this wacky look at Irish and Italian life. It is sure to be a day full of Irish laughter and song with just the right amount of Italian flavor. \$50.00 pp. includes, Show, Luncheon, Taxes, and Tip. Luncheon is family style, 2 free drinks, warm rolls, fresh green salad, Irish pea soup, corned beef & cabbage, roasted chicken, Irish soda bread, boiled potatoes, buttered carrots, dessert, coffee & tea, and pitchers of regular/diet soda on the tables. Open to members, spouses or significant other. Please send your check for \$50.00 pp made payable to ACTIVITIES UNLIMITED to:

**Bob LaSalvia**, 80 Glasgow Terrace, Mahwah, NJ 07430 Tel 201-529-4784

**WEDNESDAY, March 15, 2017 — Philadelphia Flower Show.** From towering windmills, wooden shoes and delectable cheeses, to the whimsical bicycles, canals and vibrant tulip fields of the iconic Dutch landscape, the 2017 Flower Show will share the diverse stories of horticulture, innovative eco-design, and modern urban greening and sustainability efforts of the Netherlands. This will include the bus and tickets to the show. Lunch will be on your own. The cost is \$50.00 per person. This includes the bus and a discounted ticket to the show. Lunch is on your own. The bus will leave WRC parking lot at 8:00 am sharp and will leave the flower show at 3:45 pm sharp. **NOTE to AU Members, your check must be received no later than 2/15/2017.** After that date the trip will be opened to local garden clubs and the general public. If you delay you may be placed on a waiting list. Send your check made out to “Activities Unlimited” to: **Lou Guameri**, 128 MacLeish Court, Mahwah, NJ 07430. **Please include your cell phone number with your check.** Any questions call Lou at 201-847-1981

**THURSDAY, April 20, 2017 — NBC BACK STAGE TOUR.** Includes Studio visits to Jimmy Fallon Show, SNL, Late Night Seth Myers, & Lester Holt News. We also learn about TV Production, Scriptwriting & Producing. Bus leaves WRC at 9 am & arrives at NBC at 10:30 am. 2 hours for lunch on your own. We pick up our 40 tickets at 12:30. Tour starts at 1 pm, 10 people every 20 minutes. Last tour 2 pm. Each tour is 1 hour. After tour meet in the lobby at 3:30 pm for Bus ride home. Price: \$55.00 pp. Open to members, spouses or significant other. Send checks payable to AU to: **Lary Restieri**, 105 Fisher Rd. Mahwah, NJ 07430. Tel: 201-825-5843. **Please include your cell phone number.**

### MAY 2017, AU LUNCHEON

**WEDNESDAY –THURSDAY, June 14-15, 2017, : Sight & Sound Millennium Theater presentation of “Jonah and the Whale”.** Fabulous Buffet at the Shady Maple Smorgasbord Restaurant (Beef Steak Night) and Overnight Accommodations lovely Country Living Inn with included Breakfast at their 1950 Diner next door (enjoy the fabulous “plate-sized Pancake). After Breakfast we depart for home. Cost is \$234.00 per person double occupancy and \$309.00 for a single. **Sign up now and pay in full no later than March 31, 2017.** We made it an overnight because a 7 hour round trip Bus Ride is a real pain. Open to members, spouses or significant other and friends. Time TBD. The Productions at Sight & Sound are so unusual and interesting with the Stage Effects of live animals and spectacular theatrical scenes. I wonder how it will present water effects. For more information Contact: **Dick Botta**, 201-848-9001

**THURSDAY, June 22, 2017- Spirit of New York Luncheon Cruise.** When Sunshine, Good Company and the NYC Skyline views combine, there is no better place than a 2 hour cruise on the Hudson and East Rivers. Delicious Lunch Buffet, Unlimited Coffee/ Hot & Iced Tea and Onboard Entertainment with D.J. Music. A La Carte drinks (soda, beer, wine and cocktails are available). Open to members, spouses or significant other. Time TBD. We will carpool from WRC to Lincoln Harbor, Weehawken, NJ. THIRTY (30) reservations will be purchased and will be offered on a first come, first serve basis. The Cost is \$60.00 per person. Please send your check payable to “Activities Unlimited” to: **Don Wasson**, 14 Appert Terrace, Mahwah, NJ 07430. Any questions about this event, contact Don at 201-891-1873 or [donwas@verizon.net](mailto:donwas@verizon.net).

**WEDNESDAY, July 13, 2017: Summer Picnic at Krucker's Picnic Grove in Pomona, NY.** Arrive at 10:30 a.m. Biscuits & Coffee followed by Hamburgers, Cheeseburgers, Sausage& Peppers, Manhattan Clam Chowder, French Fries, Garden Salad and Clams on the 1/2 Shell. Watermelon and Ice Pops. Dinner at 4 pm of Sliced Roast Beef and Roast Chicken Breast, Corn on the Cob, Potatoes, Peas & Carrots & Ice Cream. Soft Drinks, Coffee, Beer & Wine until 5:00. Music & Dancing, Bocce, swimming, Horse-shoes, Bingo and More. All this for \$ 52. per person. We will drive to Pomona, about a 30 minute drive from Wyckoff (directions to follow). For more information Contact: **Dick Botta**, 201-848-9001

**August, 2017 Brownstone show**

**September 2017, Wine Tasting Party**

**October, 2017,TBD**

**November,2017,TBD**

**December, 11, 2017, Christmas Party**



**First-Class Mail**